

# February 2023

## High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		<b>Breakfast</b> Breakfast Burrito & Grits  <b>Lunch</b> Chicken Smackers Fried Rice California Blend Veggies Spring Mix Salad Fruit Choice Dinner Roll Milk  <b>Sandwich</b> Grilled Chicken on a Bun, Pizza, Chicken Nuggets  <b>Salad Bar</b>	<b>Breakfast</b> Chicken Biscuit  <b>Lunch</b> Meatballs & Spaghetti Seasoned Green Beans Fruit Choice Garlic Breadsticks Milk  <b>Sandwich</b> Hamburger or Cheeseburger, Pizza, Chicken Smackers  <b>Salad Bar</b>	<b>Breakfast</b> Cinnamon Roll & Grits  <b>Lunch</b> Chicken & Sausage Jambalaya Glazed Carrots Caesar Salad Fruit Choice Dinner Roll Milk  <b>Sandwich</b> Grilled Cheese Sandwich, Pizza, Chicken Smackers  <b>Salad Bar</b>
6	7	8	9	10
<b>Breakfast</b> Bacon, Egg, Cheese Biscuit & Grits  <b>Lunch</b> BBQ Grilled Chicken Macaroni & Cheese Seasoned Green Beans Glazed Carrots Fruit Choice Dinner Roll Milk  <b>Sandwich</b> Spicy Chicken on a Bun, Pizza, Chicken Nuggets  <b>Salad Bar</b>	<b>Breakfast</b> Waffle & Sausage and Grits  <b>Lunch</b> Meaty Nacho Cheese on Chips Lettuce and Tomato Refried Beans Fruit Choice King Cake Milk  <b>Sandwich</b> Mozzarella Sticks & Marinara Pizza, Chicken Smackers  <b>Salad Bar</b>	<b>Breakfast</b> French Toast & Grits  <b>Lunch</b> Italian Bake Golden Corn Cauliflower & Cheese Fruit Choice Garlic Breadsticks Milk  <b>Sandwich</b> Bacon Burger w/wo Cheese Pizza, Chicken Nuggets  <b>Salad Bar</b>	<b>Breakfast</b> Sausage Biscuit  <b>Lunch</b> Fried Chicken Drumstick Potatoes Au Gratin Caesar Salad Fruit Choice Dinner Roll Milk  <b>Sandwich</b> Grilled Cheese Sandwich, Pizza, Chicken Smackers  <b>Salad Bar</b>	<b>Breakfast</b> Donut & Grits  <b>Lunch</b> Boneless Wings Golden Corn Sweet Potato Fries Fruit Choice Dinner Roll Milk  <b>Sandwich</b> Sloppy Joe on a Bun Pizza, Chicken Nuggets  <b>Salad Bar</b>
13	14	15	16	17
<b>Breakfast</b> Chicken Biscuit & Grits  <b>Lunch</b> Chicken Stew over Rice Caesar Salad Carrot Souffle Fruit Choice Dinner Roll Milk  <b>Sandwich</b> Hamburger or Cheeseburger, Pizza, Chicken Nuggets  <b>Salad Bar</b>	<b>Breakfast</b> French Toast & Grits  <b>Lunch</b> Beef Tacos Lettuce & Tomatoes Golden Corn Cheese Cup Fruit Choice King Cake Milk  <b>Sandwich</b> BBQ Sausage on a Bun, Pizza, Chicken Tenders  <b>Salad Bar</b>	<b>Breakfast</b> Pancakes & Sausage  <b>Lunch</b> Red Beans & Rice Smoked Sausage Links Creamed Spinach Fruit Choice Dinner Roll Milk  <b>Sandwich</b> Grilled Chicken on a Bun, Pizza, Chicken Smackers  <b>Salad Bar</b>	<b>Breakfast</b> Sausage Biscuit  <b>Lunch</b> Chicken Alfredo over Penne Green Beans Golden Corn Fruit Choice Garlic Breadsticks Milk  <b>Sandwich</b> Spicy Chicken on a Bun, Pizza, Chicken Nuggets  <b>Salad Bar</b>	School Holiday
20	21	22	23	24
<b>Schools Closed</b> Mardi Gras Holiday	<b>Schools Closed</b> Mardi Gras Holiday	<b>Schools Closed</b> Mardi Gras Holiday	<b>Schools Closed</b> Mardi Gras Holiday	<b>Schools Closed</b> Mardi Gras Holiday
27	28			
<b>Breakfast</b> Bacon, Egg, Cheese Biscuit & Grits  <b>Lunch</b> Salisbury Steak Mashed Potatoes & Gravy Glazed Carrots Fruit Choice Dinner Roll Milk  <b>Sandwich</b> Spicy Chicken on a Bun, Pizza, Chicken Nuggets  <b>Salad Bar</b>	<b>Breakfast</b> Waffle & Sausage & Grits  <b>Lunch</b> Meaty Nacho Cheese on Chips Lettuce & Tomato Golden Corn Fruit Choice Cinnamon Roll Milk  <b>Sandwich</b> Grilled Chicken on a Bun, Pizza, Chicken Smackers  <b>Salad Bar</b>	Breakfast is served with tots, fruit, milk.  Sandwich is served with fries, fruit, veggies and milk.  Salad Bar is served with baked potato, fruit, roll, and milk.		